55th Christams Day Handicap 5K

Position	Name		Club	Cat	Time
1	C Brown	24:52:00	Severn AC	SM	17:22
2	M James	25:16:00	Cheltenham Harriers	v40	17:16
3	D Sargent	26:33:00	Severn AC	v50	24:33
4	D Howells	26:53:00	U/A	v50	21:23
5	P Jeffrey	27:27:00	Gloucester AC	v50	21:47
6	N Gaulder	27:40:00	Severn AC	SM	21:50
7	A Brown	27:48:00	Severn AC	V55	21:28
8	A Spackman	28:22:00	Gloucester AC	F-U15	27:37
9	K Probyn	28:25:00	Severn AC	v45	24:55
10	C Young	28:57:00	Stoud AC	v60	25:12
11	S Hale	29:06:00	Severn AC	v40	22:16
12	J James	31:07:00	Severn AC	v65	31:07

Kenilworth Avenue Handicap Sprint

Position	Name		Club	Cat	Time
1	P Jeffrey	40m	Glos AC	v50	28.5
2	J James	70m	Severn AC	v70	29.7
3	D Howells	30m	U/A	v50	30.2
4	J Rogers	60m	Dursley AC	v60	30.2
5	A Brown	35m	Severn AC	v55	31.5
6	C Brown	Scratch	Severn AC	SM	33
7	K Probyn	50m	Severn AC	v45	42.1